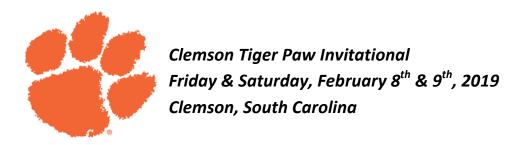
Clemson Tiger Paw Invitational

Friday & Saturday, February 8th & 9th, 2019

Clemson University Indoor Track - Clemson, SC



Entry Information:

Teams Attending: Clemson, Auburn, Duke, Florida, Florida State, Georgia Tech, Houston,

Kentucky, Miami, Miss State, NC State, Ohio State, Penn State, Purdue, South Carolina,

Southern Cal, Tennessee, Texas A&M, Virginia Tech

Entry Process: www.directathletics.com

Entry Deadline: Tuesday, February 5th, 2018 at Noon

Team Entry Fee: \$750 per Gender. Please bring cash or check.

* Checks can be made to the order of: CUAD

Individual Entry Fee: \$50 per Person entered – for those teams that enter less than 14 athletes.

Unattached Athletes & Olympic Development:

- * Athletes connected with Universities that are attending the meet will be accepted.
- * Men's & Women's 60m & 60m Hurdles a select few athletes will be accepted.

E-mail Coach Porter @ MPorte4@Clemson.edu with all unattached athlete entry.

Packet Pick Up & Information:

Thursday, February 7th from 6:00 pm – 8:00 pm Friday, February 8th from Noon – 4:00 pm

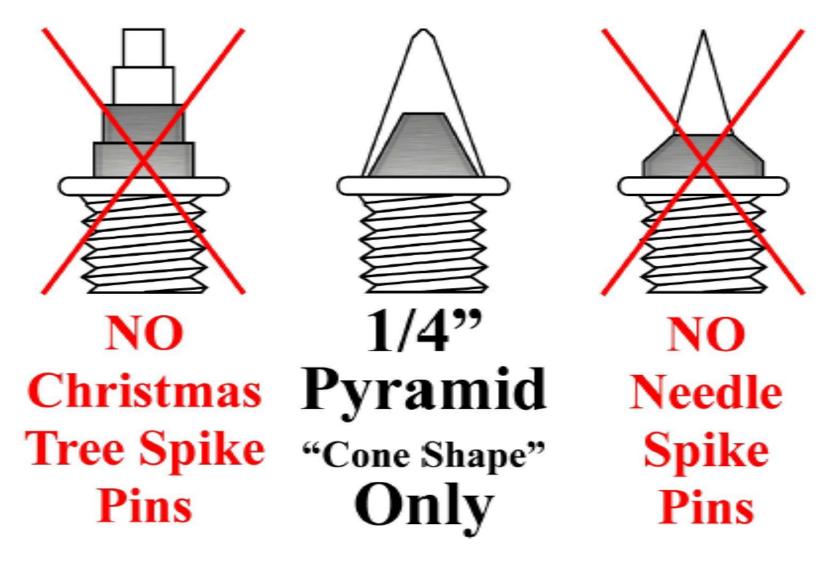
Packets can be picked up at the concession stand in the lobby. They will include Coaches and Trainer Credentials along with Athlete wristbands. Wristbands will be issued to competing athletes for access to warm-up area, team seating, and trainers' area. Each team will receive 8 Coaches Credentials and 2 Trainer Credentials; the coaches' area on the backstretch is limited to coaches and trainers only.

Spike Information:

Athletes will NOT compete if they do not comply with these rules:

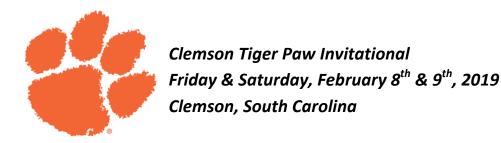
"" Pyramid Spikes ONLY – this will be strictly enforced. No permanent spike shoes allowed.

All spikes must be checked and zip tied at the Team Entrance. Spikes will be checked for the appropriate zip tie color to be allowed into the Clerking Area.



Shoes with permanent spikes are prohibited.

All Spikes need to be checked and tagged at initial spike check and at check- in for your event. Anyone with the wrong spikes will be disqualified from the meet and puts your team in jeopardy for returning for future meets.



Practice Times:

Thursday, February 7th from 6:00 pm – 8:00 pm Spikes will be checked as you are entering the facility.

Bus Drop Off/Team Parking:

Team busses and vans will be able to drop off next to the Indoor Track Facility and then park in Jervey Meadows.

Warm-up Procedure:

All warm ups will need to take place on the Outdoor Track (Weather Permitting).

- Athletes will be able to use the indoor warm up area 45 minutes prior to their event.
- Athletes in the 60m Hurdles & 60m Dash will be allowed on the straightaway 30 minutes prior to the start of their event NO EARLIER.

Athlete Check In:

Check in for Running Events is located at the start of the homestretch - near the rollup door. Check in for Field Events is located at the event site.

- 1. Athletes must check in at least 30 minutes prior to the event.
 - * Athletes not checked in by that time will be scratched from the event.
- 2. Athletes must have your spikes checked prior to event check in.
- 3. Athletes must be in the clerking area 15 minutes prior to the scheduled start time.

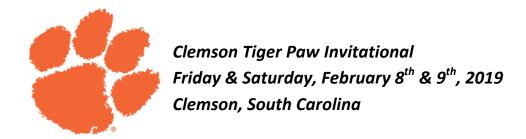
Medical Facilities:

The indoor track facility is equipped with an Athletic Training Center located on the west side of the backstretch. This facility will be open for the duration of the meet. All visiting trainers will have assigned spots on the adjacent corner from the training room on the east side of the Indoor facility. Power will be available.

For questions please contact Amanda Taylor, ATC, (843) 754 – 3835 or ataylo8@clemson.edu

Dressing Room / Shower Facilities:

There are no dressing room / shower facilities available to teams. Please plan accordingly.



Running Events:

There will be Prelims in the 60m Hurdles and the 60m Dash.

Preferred lanes: (Straightaway) 4-5-3-6-2-7-1-8 (Oval) 5-6-4-3-2-1.

All other running events will be run in sections based on time. Heats will be seeded according to submitted times on directathletics.com. These entries will be checked on TFRRS to verify at will by meet management. The fastest sections will be run first. Meet management reserves the right to adjust heats as necessary.

Field Events:

There will be Prelims & Finals in the horizontal jumps & throwing events. Each athlete will get 3 attempts in the preliminary rounds, with the top 9 advancing to the finals. They will receive 3 additional attempts in the final.

Implement Weigh-In

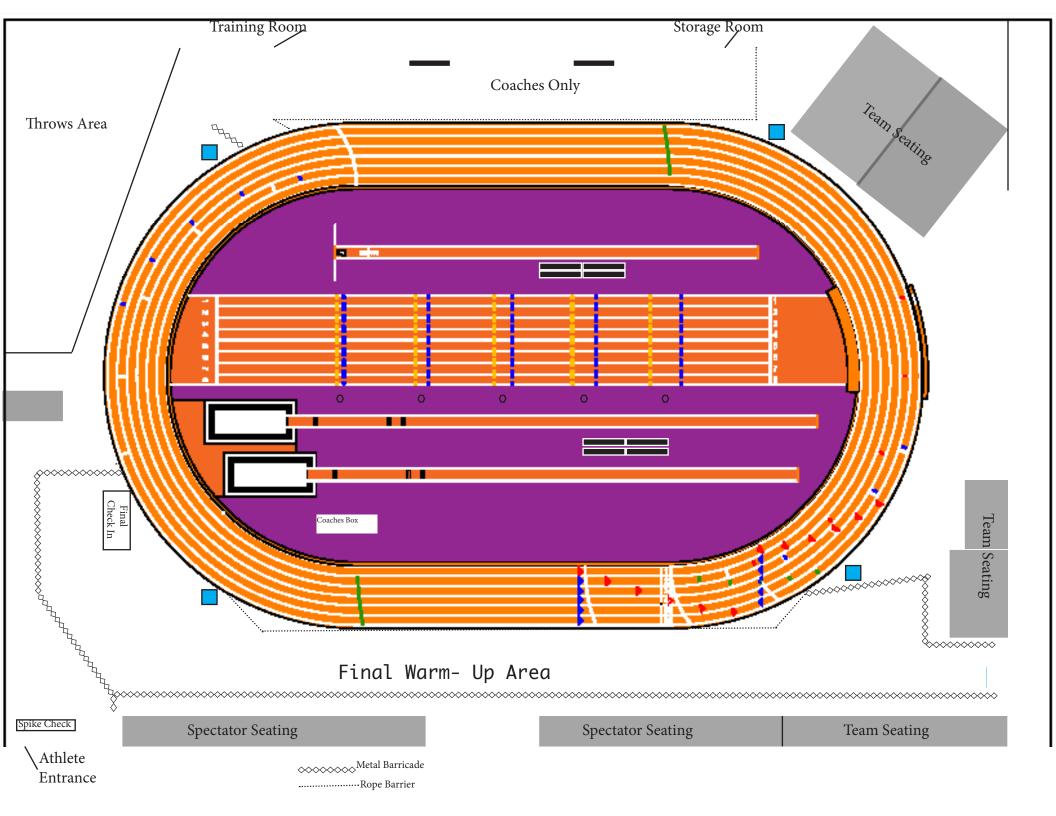
The weigh-in area is next to the throwing cage. Friday, February 8^{th} from 12:30 pm – 2:30 pm for the Shot Put. Saturday, February 9^{th} from 9:00 am – 11:00 am for Weight Throw.

For questions please contact Michael Porter: (540) 845 - 3904 or MPorte4@Clemson.edu

Please continue to check Clemson Track and Field website for any updates in meet information and final schedules.

http://clemsontigers.com/home-meets/





2019 Clemson Tiger Paw Invitational February 8th – 9th, 2019

TEAMS: Clemson, Auburn, Duke, Florida, Florida State, Georgia Tech, Houston, Kentucky, Miami, Miss State, NC State Ohio State Penn State Purdue South Carolina Southern Cal Tennessee Texas A&M Virginia Tech

NC State, Ohio State, Penn State, Purdue, South Carolina, Southern Cal, Tennessee, Texas A&M, Virginia Tech			
Tentative Schedule: Friday, February 8 th , 2019			
FRIDAY FIELD			
2:30 PM	Women	Long Jump	Trials & Final
2:30 PM	Men	Shot Put	Trials & Final
2:30 PM	Women	Pole Vault	Final
4:30 PM	Men	Long Jump	Trials & Final
4:30 PM	Women	Shot Put	Trials & Final
FRIDAY TRACK			
12:00 PM	Women	60M Hurdles	Qualifying
12:50 PM	Men	60M Hurdles	Qualifying
1:30 PM	Women	60M Dash	Qualifying
2:15 PM	Men	60M Dash	Qualifying
2:30 PM	Women	5000M Run	Final
3:00 PM	Women	60M Hurdles	Semi-Final
3:15 PM	Men	5000M Run	Final
3:40 PM	Men	60M Hurdles	Semi-Final
3:55 PM	Women	Mile Run	Sections vs. Time
4:20 PM	Women	60M Dash	Semi-Final
4:35 PM	Men	Mile Run	Sections vs. Time
5:00 PM	Men	60M Dash	Semi-Final
5:15 PM	Women	400M Run	Sections vs. Time
5:55 PM	Women	60M Hurdles	Final
6:00 PM	Men	60M Hurdles	Final
6:10 PM	Men	400M Run	Sections vs. Time
6:55 PM	Women	60M Dash	Final
7:00 PM	Men	60M Dash	Final
7:10 PM	Women	Distance Medley Relay	Final
7:25 PM	Men	Distance Medley Relay	Final
	Tentative Schedule	e: Saturday, February 9 th , 2019	
SATURDAY FIELD			
11:00 AM	Men	Weight Throw	Trials & Final
11:00 AM	Women	High Jump	Trials & Final
11:00 AM	Women	Triple Jump	Final
12:00 PM	Men	Pole Vault	Final
1:30 PM	Men	Triple Jump	Final
1:30 PM	Women	Weight Throw	Trials & Final
1:30 PM	Men	High Jump	Trials & Final
SATURDAY TRACK			
12:00 PM	Women	800M Run	Sections vs. Time
12:20 PM	Men	800M Run	Sections vs. Time
12:40 PM	Women	200M Dash	Sections vs. Time
1:20 PM	Men	200M Dash	Sections vs. Time.
1:50 PM	Women	3000M Run	Sections vs. Time
2:10 PM	Men	3000M Run	Sections vs. Time
2:30 PM	Women	4x400m Relay	Sections vs. Time
3:00 PM	Men	4x400m Relay	Sections vs. Time