

Saturday, January 12<sup>th</sup>, 2019

Clemson University Indoor Track - Clemson, SC



# **Entry Information:**

**Teams Attending**: Clemson, Alabama State, Campbell, Charleston Southern, Charlotte, Emmanuel, Florida A&M, Florida Atlantic, Florida International, Limestone,

North Florida, North Greenville Entry Process: www.directathletics.com

Entry Deadline: Tuesday January 8<sup>th</sup>, 2019 at Noon

Team Entry Fee: \$750 per Gender. Please bring cash or check.

\* Checks should be made to the order of: CUAD

Individual Entry Fee: \$50 per Person entered – for those teams that enter less than 14 athletes.

## **Entry Limitations:**

Track Events: 4/event Field Events: 3/event

## Unattached Athletes & Olympic Development:

No High School Athletes. A limited number of unattached athletes will be allowed to enter the meet, at the meet director's discretion. You must enter on <a href="www.DirectAthletics.com">www.DirectAthletics.com</a> under "Clemson Orange & Purple – Unattached" by Sunday, January 6<sup>th</sup>, 2019 at Midnight. We will notify you by e-mail by Noon on Wednesday January 9<sup>th</sup>, 2019 on the status of your request.

- \* Entry does NOT guarantee Acceptance into the meet.
- \* There is no entry fee for unattached athletes.

You MUST use a verifiable mark within the past 2 years.

Enter the Meet Name & Date of your performance in the Entry Notes.

### Packet Pick Up & Information:

Saturday, January 11<sup>th</sup> from 8:00 am – 2:00 pm

Packets can be picked up at the concession stand in the lobby. They will include Coaches and Trainer Credentials along with Athlete wristbands. Wristbands will be issued to competing athletes for access to warm-up area, team seating, and trainers' area. Each team will receive 8 Coaches Credentials and 2 Trainer Credentials; the coaches' area on the backstretch is limited to coaches and trainers only.

#### Spike Information:

Athletes will NOT compete if they do not comply with these rules:

1/4" Pyramid Spikes ONLY — this will be strictly enforced. No permanent spike shoes allowed.

All spikes must be checked and zip tied at the Team Entrance.

Spikes will be checked for the appropriate zip tie color to be allowed into the Clerking Area.



Shoes with permanent spikes are prohibited.

All Spikes need to be checked and tagged at initial spike check and at check- in for your event. Anyone with the wrong spikes will be disqualified from the meet and puts your team in jeopardy for returning for future meets.



#### **Practice Times:**

The Indoor Track Facility will NOT be open for practice on Friday, January 11<sup>th</sup>, 2019.

The Outdoor Track Facility will be available all day for practice on Friday, January 11<sup>th</sup>, 2019.

## **Bus Drop Off/Team Parking:**

Team busses and vans will be able to drop off next to the Indoor Track Facility and then park in Jervey Meadows.

### Warm-up Procedure:

All warm ups will need to take place on the Outdoor Track (Weather Permitting).

- Athletes will be able to use the indoor warm up area 45 minutes prior to their event.
- Athletes in the 60m Hurdles & 60m Dash will be allowed on the straightaway 30 minutes prior to the start of their event NO EARLIER.

## **Athlete Check In:**

Check in for Running Events is located at the start of the homestretch - near the rollup door. Check in for Field Events is located at the event site.

- 1. Athletes must check in at least 30 minutes prior to the event.
  - \* Athletes not checked in by that time will be scratched from the event.
- 2. Athletes must have your spikes checked prior to event check in.
- 3. Athletes must be in the clerking area 15 minutes prior to the scheduled start time.

#### **Medical Facilities:**

The indoor track facility is equipped with an Athletic Training Center located on the west side of the backstretch. This facility will be open for the duration of the meet. All visiting trainers will have assigned spots on the adjacent corner from the training room on the east side of the Indoor facility. Power will be available.

For questions please contact Amanda Taylor, ATC, (843) 754 – 3835 or ataylo8@clemson.edu

## **Dressing Room / Shower Facilities:**

There are no dressing room / shower facilities available to teams. Please plan accordingly.



## **Running Events:**

There will be Prelims in the 60m Hurdles and the 60m Dash.

Preferred lanes: (Straightaway) 4-5-3-6-2-7-1-8 (Oval) 5-6-4-3-2-1.

All other running events will be run in sections based on time. Heats will be seeded according to submitted times on directathletics.com. These entries will be checked on TFRRS to verify at will by meet management. The fastest sections will be run first. Meet management reserves the right to adjust heats as necessary.

#### **Field Events:**

There will be Prelims & Finals in the horizontal jumps & throwing events. Each athlete will get 3 attempts in the preliminary rounds, with the top 9 advancing to the finals. They will receive 3 additional attempts in the final.

## **Implement Weigh-In**

The weigh-in area is next to the throwing cage.

Saturday, January 12<sup>th</sup> from 8:30 am – 10:30 am for the Weight Throw.

Saturday, January 12<sup>th</sup> from 1:00 pm – 3:00 pm for the Shot Put.

Everyone will get one legal jump/throw measured. After your first legal mark, you must hit the minimum mark to receive additional measurements.

#### **Minimum Marks:**

Women's Shot Put – 12m Women's Weight Throw – 14m Women's Long Jump – 5.25m Women's Triple Jump – 11.00m Men's Shot Put – 14m
Men's Weight Throw – 16m
Men's Long Jump – 6.75m
Men's Triple Jump – 13.75m

# Jump Boards: We will not tape down any boards

Women's Long Jump – 12'
 Women's Triple Jump – 36'
 Men's Long Jump – 12'
 Men's Triple Jump – 41'

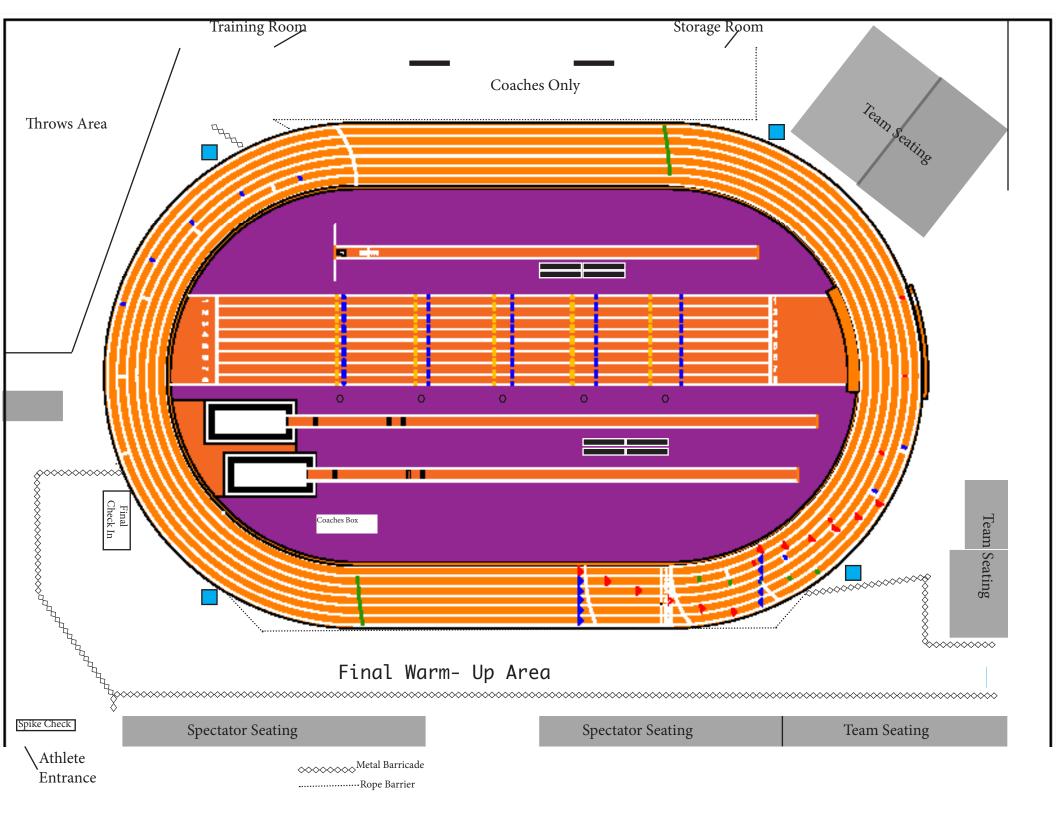
**Pole Vault:** The minimum height for the Pole Vault is 10 feet

Starting Heights: Starting Heights will be determined after the entries are finalized.

For questions please contact Michael Porter: (540) 845 – 3904 or MPorte4@Clemson.edu

Please continue to check Clemson Track and Field website for any updates in meet information and final schedules.





# 2019 Orange & Purple Open

CLEMSON UNIVERSITY INDOOR COMPLEX

TEAMS: Clemson, Alabama State, Campbell, Charleston Southern, Charlotte, Emmanuel, Florida A&M, Florida Atlantic, Florida International, Limestone, North Florida, North Greenville

Tentative Schedule: Saturday, January 12 <sup>th</sup> , 2019  FIELD EVENTS		
		TRIALS & FINAL
		FINAL
		TRIALS & FINAL
		TRIALS & FINAL
WOMEN	WEIGHT THROW	TRIALS & FINAL
MEN	POLE VAULT	FINAL
WOMEN	TRIPLE JUMP	TRIALS & FINAL
MEN	SHOT PUT	TRIALS & FINAL
MEN	TRIPLE JUMP	TRIALS & FINAL
WOMEN	SHOT PUT	TRIALS & FINAL
WOMEN	HIGH JUMP	FINAL
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MEN	4x400 RELAY	SEC vs TIME
	WOMEN WOMEN MEN WOMEN MEN WOMEN MEN WOMEN MEN WOMEN WOMEN WOMEN MEN WOMEN	FIELD EVENTS  WOMEN  WOMEN  MEN  MEN  MEN  MEN  WEIGHT THROW  MEN  WEIGHT THROW  MEN  WOMEN  MEN  WEIGHT THROW  MEN  MEN  MEN  MEN  MEN  TRIPLE JUMP  WOMEN  WOMEN  TRIPLE JUMP  WOMEN  WOMEN  HIGH JUMP  WOMEN  TRIPLE JUMP  WOMEN  WOMEN  SHOT PUT  WOMEN  HIGH JUMP  TRACK EVENTS  NATIONAL ANTHEM  5000 METER RUN  MEN  60M HURDLES  MEN  5000 METER RUN  MEN  MEN  60M HURDLES  WOMEN  MILE RUN  MEN  MOMEN  MOMEN